

Brief Report of Niramaya and Arogyakar Mission (2019-2023)

Mission Arogyakar is a pilot program promoted by Niramaya, in collaboration with Grassroot organizations covering more than 5000 rural families in 8 districts of Uttar Pradesh. It is increasing the awareness of the target population about the use of by using the knowledge of AYUSH & LHTs and its resources available around the villages for managing their primary health problems. Mapping of AYUSH Resources available in each of the selected district in the program and their disease profile has been done with community participation. Mission Samriddhi, a Chennai based Social Impact Enterprise working in about 18 states of country, in collaboration with National, International as well as Community Based Organisations has been providing financial support for conducting Mission Arogyakar (MA).

While knowledge awareness programs are organized for target families with the help of our Facilitators and AyuMitras from Partner Organizations, establishment of Sehat Bagichisis also promoted for establishment at the family and community level, besides setting up a Nursery in each Gram Panchayat (GP) at its their Resource Centres (GPRCs). Besides 14 varieties of vegetable seeds & saplings, 11 variety of medicinal plants useful in the management of their routine health problems are provided to the selected families in these villages for their Family Health Gardens (Parivar Sehat Bagichas) while the Community Health Gardens and nurseries at the GPRCs have been provided with 25 variety of medicinal plants, besides the vegetable seeds. Regular field visits by our team to each district are undertaken to help the

partner organizations & the villagers besides organization of Health camps in different Gram Panchayats.